Rhythm Disturbances/ Electrical Therapy Skills Station Competency Checklist

American Heart Association. | American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®

Student Name _____ Date of Test _____

Critical Performance Steps	Check if done correctly
Applies 3 ECG leads correctly (or local equipment if >3 leads are used) • Negative (white) lead: to right shoulder • Positive (red) lead: to left lower ribs • Ground (black, green, brown) lead: to left shoulder	
Demonstrates correct operation of monitor • Turns monitor on • Adjusts device to manual mode (not AED mode) to display rhythm in standard limb leads (I, II, III) or paddles/electrode pads	
Verbalizes correct electrical therapy for appropriate core rhythms • Synchronized cardioversion for unstable SVT, VT with pulses • Defibrillation for pulseless VT, VF	
Selects correct paddle/electrode pad for infant or child; places paddles/electrode pads in correct position	
Demonstrates correct and safe synchronized cardioversion • Places device in synchronized mode • Selects appropriate energy (0.5-1 J/kg for initial shock) • Charges, clears, delivers current	
Demonstrates correct and safe manual defibrillation • Places device in unsynchronized mode • Selects energy (2-4 J/kg for initial shock) • Charges, clears, delivers current	

STOP TEST

Instructor Notes

- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation:	☐ **PASS**	☐ **NR**

Instructor Initials _____ Instructor Number _____ Date _____

© 2025 American Heart Association